



At **Just Orthodontics**, we provide the highest quality expertise to deliver a smile that exceeds your expectations with personalised and friendly care.



Just Orthodontics combines modern "green" technology and science with art and expertise to provide the highest level of care possible. We value your trust and confidence and are committed to delivering the most beautiful smiles with personal attention. We are confident that you will receive orthodontic care that will truly make a difference in your life.

We thank you for considering **Just Orthodontics** and Dr Justin Fong as you or your family's provider of orthodontic care.

WHY HAVE ORTHODONTIC TREATMENT?

Crooked teeth and jaws can interfere with jaw function and speech, and can lead to long-term dental problems such as tooth wear and gum damage. For children, orthodontic treatment can fix these problems, setting the foundation for long-term dental health. An attractive smile will also boost self-confidence, helping children to achieve their full potential. Adults can also benefit from orthodontic treatment, correcting problems that have perhaps given pain or inconvenience since childhood, and also frees them of embarrassment of having unsightly teeth, which enables individuals to live a higher quality of life.

HOW LONG DOES IT TAKE?

Treatment time depends on the severity of the problem. For most individuals, treatment can be completed within two years. After teeth have been straightened, retainers are used to keep them in their new positions.

WHEN SHOULD I SEE AN ORTHODONTIST?

For children, we recommend that you consult an orthodontist by the time your child is around the age of 7-8 years, so that problems can be identified early and the optimum starting time for treatment can be determined.

For adults, anytime!

Referral by your dentist is not necessary.

HOW ARE TEETH STRAIGHTENED?

The most commonly used appliance for teeth straightening is braces, as they are the most precise and effective way to straighten teeth. Some problems can be treated with simpler or alternative devices such as removable plates. Your orthodontist will be able to advise what is most suitable for you or your child.

There are many types of braces available now, from the traditional metal braces, to the more inconspicuous ceramic braces, lingual braces and Invisalign.



Metal Braces



Lingual Braces



Ceramic Braces



Invisalign



JUST ORTHODONTICS

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DOES IT HURT?

With modern technology, wearing braces is now generally quite easy and with little discomfort. The first few days after fitting on the braces, you or your child may need a mild analgesic, like Panadol, but the discomfort should disappear quickly.

HOW MUCH DOES IT COST?

The cost of treatment will depend on the severity of you or your child's problem and the type of treatment selected. Your orthodontist can discuss with you the treatment plans and their costs when you have a consultation.

SHOULD I GET HEALTH INSURANCE?

Health funds repay some of the cost of orthodontic treatment for fund members who have the appropriate level of dental insurance. Please carefully check the premiums, conditions and level of rebate to see whether you will be better off with insurance or not.



THE INITIAL VISIT

At your initial visit, we will discuss your orthodontic concerns. A thorough clinical examination will be performed, and we will talk about whether or not it is the best time to begin treatment, or if further growth and development is needed.



If it is appropriate to start orthodontic treatment, diagnostic records which include, photographs, impressions (moulds of the teeth) and radiographs (Xrays) are required to accurately determine your orthodontic treatment plan.

If orthodontic treatment is recommended, these records can either be organised during this appointment, or you may schedule to have the records taken at a later date. The initial visit usually lasts for forty-five minutes.

THE CONSULTATION

This appointment is scheduled to allow Dr Justin Fong time to inspect and analyse your records. At this visit, detailed explanations of the orthodontic problems are given, together with thorough discussion of the treatment options. You will have the opportunity to ask any questions and discuss any concerns. This appointment will normally take an hour.

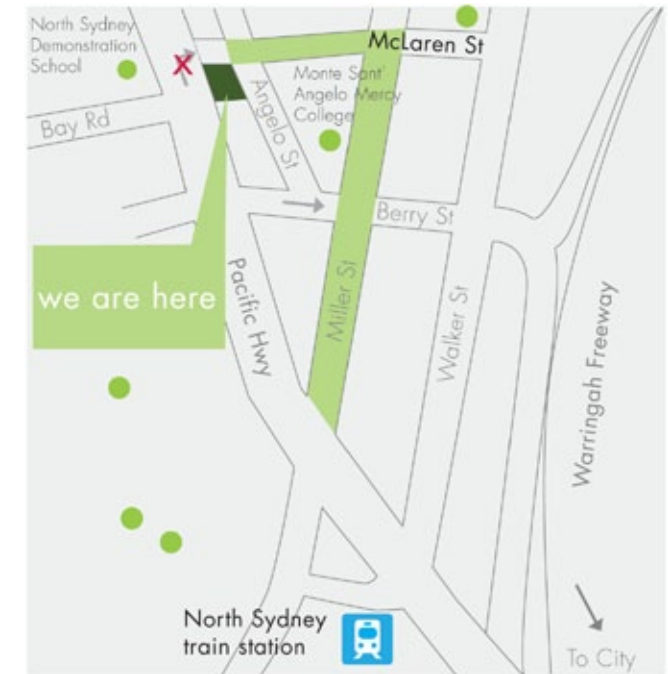
The costs of the treatment will also be explained at this time. Following the consultation, a written report will be sent to both yourself and your dentist to summarise the orthodontic problems and recommended orthodontic treatment. A letter explaining financial details, item numbers and payment procedures will also accompany this letter to you.

APPOINTMENTS

Once treatment has started, all appointments are approximately ten minutes, at roughly six weekly intervals. Please be sure to contact our office to make a booking.

CO-OPERATION

Achieving the best outcome requires your co-operation. Attendance to appointments, excellent tooth brushing, diligent wear of elastics and care of appliances are needed throughout orthodontic treatment. We will work with you to ensure you understand each part of the treatment, and we are available to answer your questions and keep you updated on treatment progress.



● schools

Note: You cannot turn right into McLaren St from Pacific Highway.

WHERE WE ARE

You can find us on the corner of McLaren Street and Pacific Highway in North Sydney. We are close to many schools around the area, and close to public transport.

CONTACT US

For more information or to make a booking:
call (02) 8095 0732 or email admin@justorthodontics.com.au